

Bicester Millennium Cycling Club

10 Mile Open Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

On Tuesday 9th July 2019
RAF Weston on the Green
First Rider off at 19:01

Event Promoter: Andy Court
34 Merganser Drive, Bicester, OX26 6UQ
07545 095421
andylcourt@gmail.com

Timekeeper: Howard Waller
(London West District)

Thanks for your entry, details of your start time are shown on following pages.
Please only park in the areas identified (not in the reserved spaces/by the buildings at sign on) and use the toilets provided!!

Signing on will be conducted on the patio just outside the main building close to the toilet block and will be open at 18:00.

Please note the specific safety points for this course (gatepost and riders!)
The event is run over four laps of the perimeter track of RAF Weston-on-the-Green on closed roads.

There will be a prize presentation on the evening once the results have been collated. Good luck!

Course Description - Course Key: H2.5/20

OS Ref		Distance
533204	START at a point marked before the main stand	0.00
	Continue for 1 circuit to pass the start point	2.479
	Continue for 3 more circuits.	9.916
532203	After 4 circuits go past the start to a point opposite the third fence post where FINISH	10.000

WARNING!!

The RAF station is still in active service, so there is a chance that the event **may be cancelled at very short notice because of military operations**. Please be aware that there may be a late cancellation, but that this is beyond the organiser's control. This will be notified by email and on the BMCC Facebook page as soon as possible.

Getting there: RAF Weston on the Green is just off of the A34, south of Junction 9 of the M40. Use OX25 3TQ sat nav.

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www.bmcc2000.com



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Safety Notes

You may use the track to warm up from about 18:00. The track must be clear from 18:50. You are welcome to use turbo trainers to warm up in the car park. If you wish to warm up on the road, please take care when leaving RAF Weston-on-the-Green as traffic speeds are high when passing by the entrance.

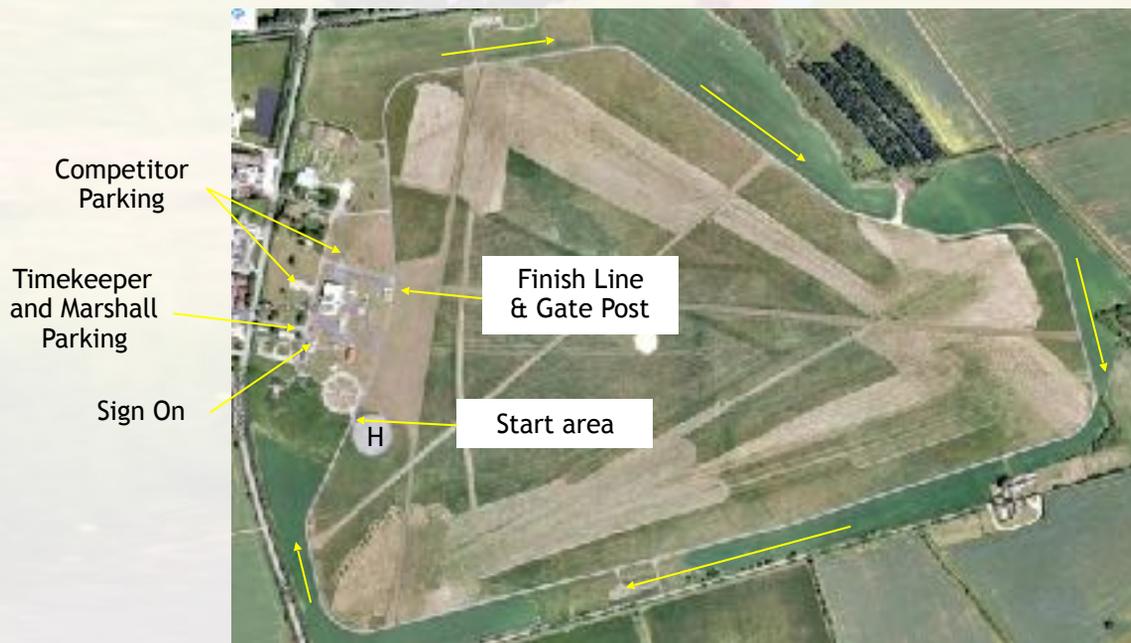
Whilst racing, please keep to the **right hand side of the track** (even on the left hand bend) unless you are overtaking another rider.

Please take care in front of the grandstand, where a gate post narrows the road on the right hand side of the track. This is marked with a high vis vest.

When you cross the finish line do not just sit up and slow down. There are 2 exits on the left before the first right turn. **Make sure it is clear behind you before exiting the track.**

Do not warm down on the track.

Course Overview



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General Notes

Prior to your start time, move to the helipad (marked H on the map), where you can continue your warm up until called to start. Please take care on the concrete paths, particularly if it is wet and please take care crossing the track as other riders may be coming past the start on another lap.

The course is four laps of the perimeter track. The start is by the helipad (H on the map) and proceeds clockwise. Please be careful of the turn at bend 4 - this is fairly sharp as the prevailing wind tends to snatch at your front wheel on the exit of the turn. The finish is about 100 meters **beyond** the start line.

Please note: There are changing and toilet facilities available. Please **DO NOT** use hedges, buildings etc instead of the toilets. **This will result in DQ.**

Prize and Categories

Ladies and Mens overall:

1st £30

2nd £20

3rd £10

Tandem:

1st £20

Prizes will be awarded after the event. Enjoy tea, cakes and a chat while you wait.

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Solo Start Times

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
1	19:01:00	Stephen	Turnock	Bicester Millennium CC	Male	Veteran
2	19:02:00	Dave	Wilson	St Neots CC	Male	Senior
3	19:03:00	Oliver	Wright	Banbury Star Cyclists' Club	Male	Senior
4	19:04:00	Clifford	Smith	Bicester Millennium CC	Male	Veteran
5	19:05:00	Matthew	Alder	Fairly United Cycling Team	Male	Veteran
6	19:06:00	David	Marshall	Hemel Hempstead CC	Male	Veteran
7	19:07:00	Jason	Curtis	Baines Racing	Male	Veteran
8	19:08:00	Steven	Reeves	Didcot Phoenix CC	Male	Veteran
9	19:09:00	Alex	Eames	Bicester Millennium CC	Male	Veteran
10	19:10:00	Felix	Wilkinson	Giant CC Halo Films	Male	Senior
11	19:11:00	James	Pittard	University of Bristol Cycling Club (UOBCC)	Male	Espoir
12	19:12:00	Simon	Bull	Banbury Star Cyclists' Club	Male	Veteran
13	19:13:00	Jules	Birch	Mickey Cranks Cycling Club	Female	Veteran
14	19:14:00	Charlotte	Maddison	Bicester Millennium CC	Female	Veteran
15	19:15:00	Harri	James	Didcot Phoenix CC	Male	Senior
16	19:16:00	Jason	Davies	Royal Air Force Cycling Association	Male	Veteran
17	19:17:00	Paul	James	VTTA West Group	Male	Veteran
18	19:18:00	Stephen	Messenger	Bicester Millennium CC	Male	Veteran
19	19:19:00	Brian	Lewis	Bicester Millennium CC	Male	Veteran
20	19:20:00	Robert	Willcocks	Royal Air Force Cycling Association	Male	Senior
21	19:21:00	Geoff	Perry	Born to Bike - Bridgtown Cycles	Male	Veteran
22	19:22:00	David	Phillips	Old Portlians CC	Male	Veteran
23	19:23:00	Jen	Magill	Reading CC	Female	Veteran
24	19:24:00	Susan	Oldham	Bicester Millennium CC	Female	Veteran
25	19:25:00	Ryan	Davies	AS Test Team	Male	Senior
26	19:26:00	Anthony	Atkin	Didcot Phoenix CC	Male	Senior
27	19:27:00	Trevor	Parrish	A5 Rangers CC	Male	Veteran
28	19:28:00	Rich	Collier	Banbury Star Cyclists' Club	Male	Veteran
29	19:29:00	Elaine	Plant	Bicester Millennium CC	Female	Veteran
30	19:30:00	Peter	Lawrence	High Wycombe CC	Male	Veteran

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30	19:30:00	Peter	Lawrence	High Wycombe CC	Male	Veteran
31	19:31:00	Martin	Stanley	Didcot Phoenix CC	Male	Veteran
32	19:32:00	Adam	Lowe	Mickey Cranks Cycling Club	Male	Senior
33	19:33:00	Nathan	Kaye	Royal Air Force Cycling Association	Male	Senior
34	19:34:00	Abbie	Howson	Bicester Millennium CC	Female	Veteran
35	19:35:00	Tim	Beaven	Bicester Millennium CC	Male	Veteran
36	19:36:00	Graham	Martin	A5 Rangers CC	Male	Veteran
37	19:37:00	Lee	Heron	Banbury Star Cyclists' Club	Male	Veteran
38	19:38:00	Samantha	Messenger	Bicester Millennium CC	Female	Veteran
39	19:39:00	Ila	Pearson	Banbury Star Cyclists' Club	Female	Senior
40	19:40:00	Jonathan	Gates	Royal Air Force Cycling Association	Male	Veteran
60	19:41:00	John	Bourton	Bicester Millennium CC	Male	Veteran
42	19:42:00	Stewart	House	Arctic Aircon RT	Male	Veteran
43	19:43:00	Matthew	Sleath	Banbury Star Cyclists' Club	Male	Senior
44	19:44:00	Jonathan	Plant	Bicester Millennium CC	Male	Veteran

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Tandem Rider Start Times

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
46	19:46:00	Andrew	Jackson	Leamington C & AC	Male	Veteran
46	19:46:00	Steve	Walker	Leamington C & AC	Male	Veteran

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